

3.1 Raketten

Warm-ups

These exercises are intended to get everyone gradually singing very low and very high. So that they're well warmed up before a concert, for instance. You can start off by singing the warm-ups on 'ng' or 'brrr' (a lip trill). This works very well and doesn't demand much effort.

Sing them on vowels, with various emotions.

Some vowels belong more with a certain emotion or vocal technique than others. Take advantage of that:

- | | | |
|--------|-------------|---|
| Aah | cheerful | SING NATURALLY, the larynx bobbing up and down, as during speaking. |
| | kind | Causes only the edges of the vocal cords to close. |
| | angry | The whole vocal cords close. |
| | childlike | FALSETTO A section of the vocal cords is not employed. |
| Éh | cheeky/bold | BELTING This results from a larynx being tilted up and backwards |
| Eeh | | |
| and Eh | mean/nasty | TWANG This sound arises as a result of the function of a constrictor situated above the larynx. |
| Oh | amazed | CLASSICAL This sound is produced by tilting the larynx down and forwards. |
| Ooh | weeping | CLASSICAL. |

But you can, of course, reproduce any emotion or vocal technique you like on any vowel you like.

Just listen to how different the colour of an 'aah' can be, depending on the emotion with which you sing it.

The pianist can provide some support with the help of the chord scheme and the bass line. That is above all useful if the choir at first finds it difficult to keep ascending and descending by semitones.

RAKET 1

RAKET 2

RAKET 3